

What causes your 'Failure to Flourish'?

Rate each of these with the following scale
1—strongly 2—somewhat 3—slightly 4 – not at all

- | | |
|---|---|
| <input type="checkbox"/> spiritual | <input type="checkbox"/> sexuality |
| <input type="checkbox"/> carelessness/apathy | <input type="checkbox"/> money |
| <input type="checkbox"/> gluttony | <input type="checkbox"/> power |
| <input type="checkbox"/> lust | <input type="checkbox"/> fear |
| <input type="checkbox"/> greed | <input type="checkbox"/> stress |
| <input type="checkbox"/> Anger | <input type="checkbox"/> busyness with the mundane |
| <input type="checkbox"/> sadness | <input type="checkbox"/> bitterness, un-forgiveness |
| <input type="checkbox"/> vanity | <input type="checkbox"/> addiction |
| <input type="checkbox"/> pride | <input type="checkbox"/> prone to worry, anxiety |
| <input type="checkbox"/> misdirected natural human desires | <input type="checkbox"/> sadness, depression |
| <input type="checkbox"/> misguided pursuits for happiness | <input type="checkbox"/> abusing your pleasure system |
| <input type="checkbox"/> insecurities | <input type="checkbox"/> bad habits |
| <input type="checkbox"/> emotional wounds | <input type="checkbox"/> chronic negative thoughts and emotions |
| <input type="checkbox"/> emotional vulnerability | <input type="checkbox"/> critical spirit |
| <input type="checkbox"/> low self-esteem and confidence | <input type="checkbox"/> discouragement |
| <input type="checkbox"/> false self | <input type="checkbox"/> lack of love and connection |
| <input type="checkbox"/> negative self talk | <input type="checkbox"/> feeling empty, lonely, alienated |
| <input type="checkbox"/> stress overload | <input type="checkbox"/> relationship difficulties |
| <input type="checkbox"/> disappointment | <input type="checkbox"/> no intentional plan to flourish |
| <input type="checkbox"/> worry | <input type="checkbox"/> unconscious needs and desires |
| <input type="checkbox"/> guilt | <input type="checkbox"/> weak personal boundaries |
| <input type="checkbox"/> illness | <input type="checkbox"/> unresolved mental and emotional issues |
| <input type="checkbox"/> fatigue | <input type="checkbox"/> neglecting self care |
| <input type="checkbox"/> depletion, burnout | <input type="checkbox"/> family of origin issues |
| <input type="checkbox"/> feeling stuck in a job, relationship | <input type="checkbox"/> my weakness |
| <input type="checkbox"/> not being authentic – your true self | <input type="checkbox"/> absence of positive emotion |
| <input type="checkbox"/> absence of mental health | <input type="checkbox"/> accumulating more 'stuff' with lack of meaning and purpose in life |
| <input type="checkbox"/> feeling empty or hollow | <input type="checkbox"/> pride in accomplishments but not in personal growth, relationships or lasting contribution |
| <input type="checkbox"/> excessive focus on work | |
| <input type="checkbox"/> other | |